

**KARNATAKA STATE**  **OPEN UNIVERSITY**

**MUKTHAGANGOTHRI, MYSURU**

**DEPARTMENT OF STUDIES AND RESEARCH IN**

**PSYCHOLOGY**

**M.Sc PSYCHOLOGY**

**THIRD SEMESTER**

**COURSE-11 PSYCHOLOGICAL DISORDERS**

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**M.Sc PSYCHOLOGY    THIRD SEMESTER**  
**COURSE-11 PSYCHOLOGICAL DISORDERS**

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## **COURSE-11 PSYCHOLOGICAL DISORDERS**

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### **INTRODUCTION**

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Dear Students,

This course Psychological Disorders deals with the mental disorders. It is very important for the students of Psychology to have a clear understanding about the distinguishing between the normal and abnormal behaviour, the normality and abnormality, the abnormal behaviours which may lead to the Psychological disorders. Psychological disorders or mental illnesses are the conditions which affects the individual's thinking, feeling and acting that is it affects the thoughts, emotions and the behaviour of an individual making the individual unable to function in the expected level of behaviour. This course gives a detailed understanding of the various Psychological disorders, its causes, symptoms, consequences, types and treatment processes.

The first block gives an introduction to psychological disorders, the concepts of normal, abnormal behavior, the historical development of psychopathology, the various concepts which are important to understand psychological disorders. It explains the major models of psychopathology and the way they understand psychological disorder's causes and treatment. There are different types of mental disorders, those disorders are being classified on the basis of the classification given by DSM and ICD, these classification and categorizing mental disorders, is being discussed here. The diagnosis is an important step in the identification of mental disorders. The methods used in the clinical assessment, the various tools of psychological assessment like case history, clinical interview, mental status examination, behavioural and cognitive assessment and the psychological tests being utilized for identification and diagnosis of psychological disorders are being discussed in detail.

The second block deals with the anxiety and stress related disorders which are very commonly found. The basic concepts like fear, stress, tension, conflicts, their consequences,

the generalized anxiety, disorders, panic disorders, phobias, post traumatic stress disorders, obsessive compulsive disorders, its causes, treatments are being discussed.

The third block deals with mood and schizophrenic disorders, mania, depression, unipolar disorder, bipolar disorders, schizophrenia, delusional disorders, the causes, symptoms, types, treatment of all these disorders are being discussed in detail.

The fourth block deals with aging and personality disorders, there are a number of psychological problems which occur during the old age like delirium, dementia, Alzheimer's disease, the causes, types and symptoms are explained in detail. There are different types of personality disorders, the classification, types its cause, symptoms are dealt. There are different types of organic mental disorders, its causes, types and its diagnosis is explained. Certain disorders are very specific in childhood, it may be related with anxiety, learning, behavioural disorders, eating disorders, mood disorders and many more. All these disorders related with childhood and adolescents are being discussed in detail.

A detailed study of this course gives a thorough knowledge in understanding the psychological disorders, its identification, treatment processes. It also helps the students of Psychology to be able to identify, distinguish the normal and abnormal behaviour. A thorough understanding of this course makes you capable in understanding the importance of mental health.

Wishing you All the Best,

Dr. S. Surma

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